The need for social inclusion, ageing in place and tackling climate changes are major challenges for European society. Times are especially hard for people with less financial opportunities, including the older population.

> This is where AFECO comes in!

EMPOWERING OLDER ADULTS TO APPLY AFFORDABLE ECO- AND AGE-FRIENDLY SOLUTIONS TO AGE IN PLACE



www.afeco.eu

WHAT IS AFECO?

AFECO is an Erasmus+ project that started in December 2022 and will end in May 2025. Its main goal is to empower older adults to apply affordable age-friendly and eco-friendly solutions in their own living environments.

Through this, AFECO aims to contribute to older adults' participation in society, quality of life and prolonged independent living.

OUR OBJECTIVES:

AFECO aims to raise awareness and educate **older people**, **(in)formal caregivers** and **social workers** about the importance of age-friendly and eco-friendly environments (home and community/ neighbourhood) as a valuable tool for active ageing and ageing in place.

In the caregiving context, age-friendly and eco-friendly environments are essential to counter the signs of biological decline such as frailty or disease experienced by older adults in need of care.

Partners

The AFECO consortium consists of seven organisations in six European countries:

European coordination:



(Netherlands)

OUTCOMES:

The project will lead to the following outcomes:

- A BASELINE STUDY, analysing the educational needs of the project's target group, taking into consideration the social, financial, cultural and educational contexts as well as policies in each of the project countries.
- A CURRICULUM, including core issues around age-friendly and eco-friendly principles in both home and community settings, as part of older people's empowerment, ageing well and ageing in place.
- AN INTERACTIVE E-LEARNING
 PLATFORM, inclusively designed, open and
 easily accessible to all adults to learn and to
 easily and effectively apply the knowledge
 and practices learned.
- A VALIDATION HANDBOOK with the final version of the education and training contents, as well as the methodology that should be followed for the most successful delivery of the content to new learners.



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Partners:









(Netherlands)



