

Healthy Inclusion



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Coordinated by Forschungsinstitut des Roten Kreuzes, Austria

National Partners: National Institute of Public Health (Czech-Republic), Mhtconsult (Denmark), Institut für Soziale Infrastruktur (Germany, project evaluator), Studio Come S.r.l. (Italy), Verwey-Jonker Instituut (The Netherlands) and Trnava University, Faculty of Health Care and Social Work (Slovakia).



Project presentation

Healthy Inclusion

“Healthy Inclusion” is an international project carried out within the Public Health Programme 2003-2008 and co-funded by the European Commission, DG Health and Consumers, Public Health (EAHC).

Why is this project relevant?

Migrants belong to the most vulnerable and exposed social strata in society and require special consideration in public health strategies.

The overall health status of migrants is remarkably poorer than that of the general population. This is related to the fact that migrants are more exposed to risks which have an impact on health, such as poverty, bad living conditions, restricted access to the labour market and health services etc.

Additionally a lack of information and not least communication problems create barriers for getting access to health promoting interventions. Thus, equal accessibility and quality of the general health services are essential for enhancing the health level of migrants. This does not only apply to health care services, but also to prevention strategies and health promotion interventions.



Outcome

The project is concerned with improving the access of migrants to health promotion interventions.

The project will:

- Provide information about migrants' perceived barriers for participating in health promotion interventions as well as about facilitating factors
- Provide examples of good practice and suggested means of enhancing migrants' participation in health promotion interventions
- Develop specific recommendations on how health promotion interventions at the community level can be adapted to better meet the needs of migrants.

The results will be disseminated to the health promotion community and to policy makers in each partner country.

Means

The aims of the project will be achieved through:

- A literature review of national literature concerned with the particular situations regarding migration and health promotion in each country involved in the project
- Interviews with representatives of organisations providing health promotion interventions
- Interviews with migrants who *do* and who *do not* have access to these interventions in their mother-tongues
- Support of an "Advisory Board" of various experts of migration, health promotion etc.
- Delphi-rounds with participation of various experts of migration, health promotion etc.

Timeframe

The project commenced in July 2008 and will be finalised in May 2010. During this period all relevant publications will be published and made available for downloading on this website and the websites of the rest of the partners.

Contact information

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